



Apron Double Layered Skirt



List of required materials:

- Woven fabric in cotton and/or cotton mix
- Sewing machine
- Serger (recommended but not required)
- Scissors
- Iron
- Measuring tape/lip edge ruler & roller cutter (optional)
- Fabric marker or pencil
- Pins
- Safety pin
- ¾ non roll elastic band

Seam allowance: 3/8 inches unless otherwise stated

Sizing chart:**1.Overskirt:**

Cut 2 of the following in inches:

Sizes	width	x	length	yardage	appr. finished length
			(length = fabric print going vertically)		
3-6m	18	x	7	¼ yd	7"
9-12m	21	x	9	1/3 yd	9"
18-24m	22.5	x	11	2/3 yd	10.5"
2t	24	x	11.5	2/3 yd	11"
3t	25.5	x	12	2/3 yd	12"
4t	27	x	12.5	¾ yd	13.5"
5t	28	x	13.5	¾ yd	14"
6	29	x	15	1 yd	14.5"
7	30	x	16.5	1 yd	15.5"
8	31	x	18	1 yd	17.5"
10	32	x	19	1 ¼ yd	18.5"
12	33	x	20	1 ¼ yd	19"

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2. Underskirt:

Cut 2 of the following in inches:

Sizes	width	x	length	yardage
3-6m	18	x	6	$\frac{1}{4}$ yd
9-12m	21	x	8	$\frac{1}{4}$ yd
18-24m	22.5	x	10	$\frac{2}{3}$ yd
2t	24	x	10.5	$\frac{2}{3}$ yd
3t	25.5	x	11	$\frac{2}{3}$ yd
4t	27	x	11.5	$\frac{3}{4}$ yd
5t	28	x	12.5	$\frac{3}{4}$ yd
6	29	x	14	1 yd
7	30	x	15.5	1 yd
8	31	x	17	1 yd
10	32	x	18	1 yd
12	33	x	19	1 $\frac{1}{8}$ yd

3. Ruffle for Underskirt:

Cut 2 of the following in inches:

NOTE: if you are folding your ruffle bottom hem twice you want to add about 1 inch to the length given!

Sizes	width	x	length	yardage
3-6m	26	x	2	all
9-12m	28	x	2 ¼	require
18-24m	31	x	2.5	not
2t	35	x	2 ¾	more
3t	37	x	3	than
4t	38	x	3	1/4
5t	39	x	3	yd
6	40	x	3 ¼	“
7	41	x	3 ¼	“
8	42	x	3.5	“
10	43	x	3.5	“
12	44	x	3.5	“

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4.Apron

Cut 1 of the following in inches:

Sizes	width	x	length	yardage
3-6m	9	x	5	¼ yd
9-12m	10	x	7	¼ yd
18-24m	11	x	9	¼ yd
2t	12	x	9.5	1/3 yd
3t	13	x	10	1/3 yd
4t	14	x	10.5	1/3 yd
5t	15	x	11.5	1/3 yd
6	16	x	13	1/3 yd
7	16.5	x	14.5	½ yd
8	17	x	16	½ yd
10	17.5	x	17	½ yd
12	18	x	18	½ yd

Or all require just one fat quarter!

Sizing guide for waist elastic in ¾" width (average):

3-6m	14"	2t	20"	5t	21.5"	8	23"
9-12m	15"	3t	20.5"	6	22"	10	24"
18-24m	18"	4t	21"	7	22.5"	12	25"

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To begin: have your underskirt pieces cut out. These are the pieces which are two for the main part and two ruffle strips:



To make the ruffles: first roll hem or serge hem your ruffle strips (if you don't have a serger you may fold down one side of the ruffle strip to $\frac{1}{4}$ inch and press. Fold down once more to $\frac{1}{4}$ inch and press. Then straight stitch close to the inner folded edge. Please calculate the fold into your measurements when you cut your ruffle fabric.

To ruffle your strips set your sewing machine to the longest stitch and to the highest number tension. This way *most* machines gather automatically! Start sewing about $\frac{1}{4}$ inch away from the raw edge and sew slowly along until your entire strip is ruffled.

If your machine does not ruffle this way set your tension to 2-3 and your stitch to the longest stitch length. Then sew. Once you are done cut threads a little longer. Start pulling the upper thread gently to gather your fabric manually. Also pull from the other side.

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Set your machine back to normal after ruffling!

Place one main skirt part in front of you and place one ruffle underneath it all with right sides up.

Distribute the gathers to match the width of your skirt piece:



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Flip the ruffle now over and pin both pieces together. Then sew between arrows:



Once you sewed the ruffle on hem/serge/zigzag stitch the raw edge:



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Flip the ruffle back down and top stitch close to the seam (optional – it will give your garment a nicer appearance and more durability).



Place both underskirt pieces with right sides together as shown:



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Pin the side and sew between arrows. Serge/overcast raw side seams. Repeat with other side.



This is now your finished underskirt (keep it with right sides in):



To make the apron:

Have your apron piece in front of you:



To prepare the apron hem/serge the top edge and fold down the side to $\frac{1}{4}$ inch and press. Fold down once more to $\frac{1}{4}$ inch and press again. Repeat with other side. Now do the same with the bottom edge.

Your folded apron piece should now look like this:



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Straight stitch the sides close to the inner folded edge. The picture below shows you the bottom fold:



....flip it back up and



12

Pin the bottom edge and sew between arrows close to the inner folded edge:



This should now be your finished apron piece (the top edge was serged/hemmed earlier):



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To make the outer skirt part:

Have your two skirt pieces ready and in front of you with fabric print going down (my print is irrelevant for direction):



Place both pieces with right sides together:



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Pin the side (my pictures shows the skirt with the side facing up!) and sew between arrows:



Repeat with other side. This is now your sewn skirt:



To make the bottom hem: fold down the bottom hem to about 3/8 inch and press. Fold down once more to 3/5 inch and press again.



Then sew close to the inner folded edge between arrows (you may embellish the outer seam with ribbon etc. to conceal the thread):



To sew both skirt pieces together:

Place your outer skirt part with right sides in above your underskirt which also has the right side of the fabric facing inwards:



Insert the underskirt into the outer skirt:



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Pin the top edge:



Start in the middle of the top edge and sew all the way around (my arrows show you where you want to sew but continue sewing all the way around) leaving an opening of about 2 inches to insert the elastic later on.



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My arrows show you the opening in the top center:



Flip your skirt now around so your outer skirt is now on the outside:

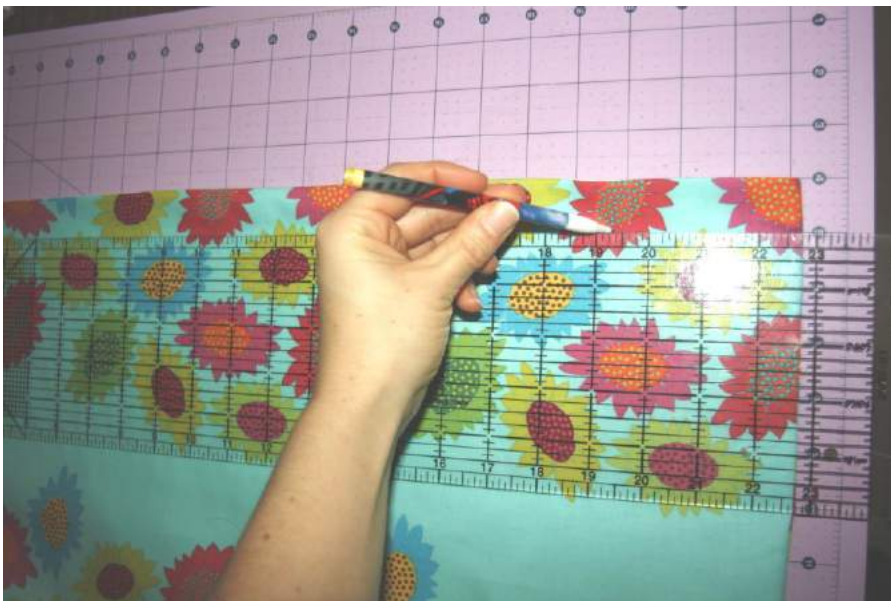


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Spread the top where both skirts seam is and press it flat:



Fold it back together and place it onto your work surface to draw a line where to sew the casing's bottom edge: Align a ruler or measuring tape about 1 inch away from the top edge and draw a straight line on both sides. Sew along this line all the way around without leaving an opening.



To sew the apron on: mark the center of the skirt and the apron and place the apron onto the skirt as shown:



Flip the apron over so that the apron's top edge lays slightly over the casing's seam:



Fold in the top edge of the apron and pin it to the skirt making sure not to pin THROUGH the backside:



Repeat folding in the apron's top edge until you are done. Pin along.



Tuck any hanging threads in and sew between arrows with backstitching. Sew close to the top folded edge making sure not to sew OVER the casing's seam:



This should now be your sewn apron skirt:



To insert the elastic:

Secure a safety pin to your elastic and insert it into the casing.



Once you reach the beginning hand stitch both elastic ends several times to prevent it coming undone. Close the opening with your machine. Done!

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